

LANA LUSA

# LUNCH & DINNER

SERVED BETWEEN

*12 noon - 11.30 pm*

LANA LUSA

# ENTRADAS FRIAS

## COLD STARTERS & SALADS

Olives (v) (gf) — 5

Gambas marinadas em azeite e coentros — 73  
~ *Shrimps marinated in olive oil and coriander (s) (gf)*

Salada de batata com ovo cozido — 38  
~ *Potato salad with soft boiled egg (v) (gf)*

Sardinhas marinadas — 48  
~ *Marinated sardines served with toasted bread*

Salada de polvo — 72  
~ *Octopus salad, pepper, red onion and olives (gf)*

Polvo marinado com tomate e coentros — 68  
~ *Marinated octopus, tomato dressing*

Salada de Bacalhau com robalo e abacate — 72  
~ *Salted codfish with seabass, avocado and onion (gf)*

Salada de quinoa e queijo feta com groselhas e abacate — 48  
~ *Quinoa and feta cheese salad with cranberries, tomatoes and avocado (v) (gf)*

Salada de grão com batata doce e pistachio — 45  
~ *Chickpea and sweet potato salad with pistachio and onion (n) (gf)*

Salada Lusa — 55  
~ *Kale salad with caramelized pecan nuts with orange dressing (v) (n)*  
*Choose your fried topping: chicken, goat cheese or tofu*

“Não há atalhos para os lugares onde vale a pena ir”

“There are no shortcuts to places worth going to.”

# SOBREMESAS

## DESSERTS

*\* Inquire for our pastries & desserts in the display unit*

Mousse de chocolate — 37  
~ *Chocolate mousse (gf)*

Viennetta with hot chocolate sauce — 32  
~ *Vanilla ice cream, layers of chocolate (gf)*

Pudim de chia — 45  
~ *Chia seeds and coconut milk, topping with fruits and nuts (v)(gf)(n)*

Pudim flan — 34  
~ *Eggs pudding (gf)*

Delicia da casa — 32  
~ *Coffee delight*

Lemon cake — 30

Chocolate cake (n) — 40

Bolo de bolacha — 39  
~ *Maria cookie, butter cream, served with espresso*

Crazy meringue — 75  
~ *Meringue with vanilla custard, berries (gf)*

Magic cookie — 60  
~ *Soft baked cookie, chocolate sauce, vanilla ice cream, marshmallows (n)*

Pineapple cake (gf) — 29

Almond tart (n) — 29

Coconut roll — 30

# ENTRADAS QUENTES

## HOT STARTERS

Canja de galinha — 35  
~ *Portuguese chicken soup*

Prego — 42  
~ *Traditional Portuguese beef sandwich*

Pica pau — 68  
~ *Beef sautéed with mustard and pickles*

Peixinhos da horta — 44  
~ *Tempura green beans, garlic mayonnaise (v)*

Gambas com alho — 89  
~ *Pan seared prawns with garlic (s)*

Rissóis de camarão — 65  
~ *Shrimps croquette, lemon (s)*

Croquetes de carne — 52  
~ *Veal and beef croquette, peri-peri mayo, lemon*

Pastéis de bacalhau — 63  
~ *Fried salted codfish (gf)*

Mexilhão à Bulhão Pato — 52  
~ *Sautéed mussels in olive oil, garlic, lemon juice and butter (s) (gf)*

Hamburguer a Lana Lusa — 45  
~ *Brioche bun, fried chicken and peri-peri sauce*

# PRATOS PRINCIPAIS

## MAIN COURSE

Seafood rice — 135  
~ Slow cooked rice with codfish, prawns, tomato, pepper (s) (gf)

Bacalhau à Brás — 85  
~ Salted cod, eggs, potatoes (gf)

Esparguete com gambas — 98  
~ Spaghetti with gambas, spinach and butter lemon (s)

Polvo à Lagareiro — 135  
~ Roasted octopus with crushed roasted potatoes olive oil & garlic (gf)

Bife à Portuguesa — 132  
~ Beef striploin, veal bacon, fried egg, chips & Portuguese sauce (gf)

Robalo grelhado — 128  
~ Grilled sea bass, steamed potatoes, lemon (gf)

Batatas gratinadas com pimentos — 85  
~ Gratinated potatoes with peppers, olives, tomato salsa (v) (gf)

Arroz de Pato à Portuguesa — 95  
~ Portuguese duck rice with chorizo (gf)

Frango assado — 90  
~ Whole grilled baby chicken  
Choice of portuguese fries, carrot rice or mixed greens salad  
Choice of homemade chimichurri sauce, peri-peri sauce or garlic mayonnaise

# PARA PARTILHAR

## TO SHARE FOR TWO

Grelhada mista de marisco — 360  
{ Seabass, squid, prawns, sardines and octopus }  
~ Served with steamed potatoes, olives (gf) (s)

Grelhada mista de carne — 220  
{ Grilled chicken piri-piri and grilled striploin }  
~ Served with Portuguese fries and peri peri sauce (gf)

Cataplana de peixe — 340  
{ Sea bass, prawns, squid and mussels }  
~ served with steamed potatoes, pepper, paprika and tomato(s) (gf)

## SIDES

Portuguese fries (gf) (v) — 28

Mix green vegetables with garlic and parsley (gf) (v) — 28

Portuguese rice (gf) — 29

Mixed salad (gf) (v) — 18

Carrot rice (gf) (v) — 30

All our prices are in AED, inclusive of 5% VAT

(n) Nuts

(s) Shellfish

(gf) Gluten-Free

(v) Suitable for  
Vegetarians

If you have specific dietary requirements,  
please speak to a member of our staff.